



MARATHON, —
HALF MARATHON,
& HALF MARATHON RELAY

Sunday October 20, 2024







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BAYSTATE MARATHON RACE COMMITTEE



I'm Glenn Stewart, race director for the 36th Baystate Marathon. I'm delighted to welcome you or invite you to our race. You probably already know we are one of the very few running club managed marathons – and hence our tag line is "For Runners by Runners". We know what nearly every runner wants is a chance to run the Boston Marathon. That's why our club created the Baystate Marathon. To give you your best shot at running a qualifying time. We get runners from all over the US and beyond to come here with one goal in mind – Get to Boston. Our team of runners are dedicated to making your marathon, or half marathon memorable. Nearly every volunteer you meet on race day is either a runner, amateur, high school or a supporting family member. You can be sure we will give our all to make your day.

- Glenn Stewart, Race Director

GOOD LUCK RUNNERS FROM THE RACE COMMITTEE!

Ron Demarais Maggie Kennedy Jeff Maistrosky Rick Marais Liane Pancost Michelle Roche Glenn Stewart Matt Story Michele Zambino



THANK YOU!

The Baystate Marathon Rack Committee would like to extend a warm thank you to the following sponsors for their support.

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Special Thanks to the Greater Lowell Road Runners!

A Special...

THANK YOU

MEGAN MISSETT KUSCHNER

For her work on the 2024 Sponsorship Opportunities Form

THANK YOU!

The Baystate Marathon Race Committee would like to extend a warm thank you to the following organizations for their support.

Special Thanks to all the first responders, students and others supporting the runners along the race route.

Fire/Police/EMS from the following communities

Chelmsford Lowell Tyngsborough UMass Lowell

Dracut EMS

Lowell General Hospital Medical Reserve of Merrimack. Valley

Ambulance and EMT support from

Trinity Ambulance of Pride EMS

Water Stops supported by local high school running teams

Chelmsford High School • Greater Lowell High School
Groton Dunstable High School • Lowell Catholic High School
Lowell High School • Notre Dame, Tyngsboro • Pelham High School
Tyngsboro High School • Westford Academy
Lowell Catholic – Food Services • Shawsheen Valley Technical High School





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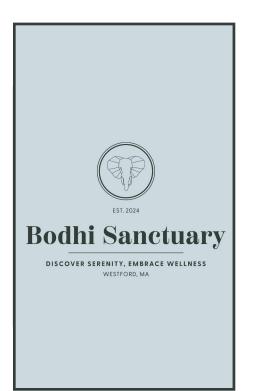
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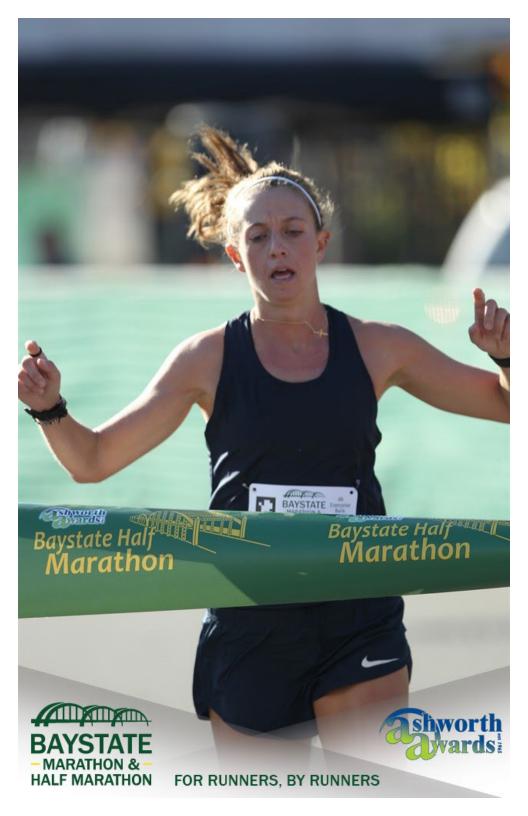




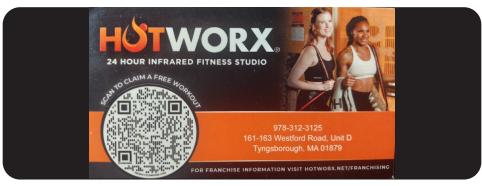














SPECTATOR INFORMATION

Please come to our course information session at the Expo or ask one of our many volunteers for the best way to spectate at Baystate.

Marathon

One of the best places to cheer for your runner for the marathon is the Rourke bridge. You can see them at mile 3 and then again when they come across for the 2nd loop, approximately mile 13. From there either move across the bridge to see them at mile 22 or proceed to the finish line to greet them when the finish.

Half Marathon

To see your runner multiple times, you can cheer for them at the race start, then make your way to Suffolk Street (one street west of Arcand, the finish line street). Half marathoners will run this street twice. You can easily meet your runner at the end of the finish chute by proceeding down Hall Street from Suffolk (towards the Tsongas Center).



Member FDIC

Good Luck Runners!

FREQUENTLY ASKED QUESTIONS

Where can I pick up my bib and race packet?

Bibs and race packets can be picked up at the Baystate Expo on Friday and Saturday and at the Tsongas Center on Race Day. For more information see the General Information page.

Will there be pace groups for the Marathon?

Pace groups will be available for the following times: 3:00, 3:10, 3:20, 3:30, 3:40, 3:50 and 4:00.

Will there be bag check?

Bag check is available. There will be a team of high school volunteers collecting bags near the start line. They will sort them and transport them to the finish. Bags will be available just beyond the finish chute.

Is the course USATF certified?

The course is USATF certified and our certification number is MA10634JK.

Is the Marathon a Boston Marathon Qualifier?

YES! Our course is a Boston Marathon qualifier and annually on top lists for percentage of BQ as well as number of entrants sent to Boston. For more information on Boston Qualifying, please visit the BAA's website at: http://www.baa.org/races/boston-marathon/participant-information/qualifying.aspx

Will there he medals?

Yes, each finisher will be given a finishers medal made by our title sponsor Ashworth Awards. In addition, if you run a PR in either race or a BQ in the marathon stop by the Greater Lowell Road Runners tent to receive a special PR or BQ keychain.

What are the Age Group Awards?

For a detailed explanation of awards and how we award them, please see our website.

What is the minimum age for participation?

Participants must be 16 years old on race day to participate in any of the Baystate races.

What is the course time limit?

Official services shut down 6 hours after the start of the race and the course will be shut down. Anyone on the course after this time limit will be asked to move to the sidewalks in order to finish.

FREQUENTLY ASKED QUESTIONS

Can I track my favorite runner?

Yes! Scan this QR code to track any athlete.



Where is parking available?

Parking is available for a flat rate of \$5.00 on race day at the following Lowell garages: the George Ayotte Parking Facility at 11 Post Office Square (next to the Tsongas Center, it will fill up early), the Joseph Downes Garage at 75 John Street, and the Leo A Roy Parking Facility at 100 Market St. Street parking is also available on a first come, first serve basis. More information about the garages can be found here: https://www.lowellma.gov/1228/Parking-Facilities

Do you have course maps?

Course maps can be found on the inside covers. For descriptions of the courses, go to www.baystatemarathon.com/course-maps-descriptions.html.

What is the profile of the course?

Both the Marathon and Half Marathon are flat and fast. Generally the largest "hills" are the bridges over the Merrimack. Findmymarathon.com has a nice profile of the course here: http://findmymarathon.com/race-detail.php?zname=Baystate%20Marathon

How many waterstops are there?

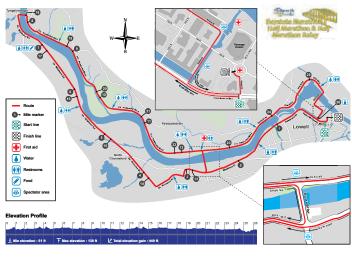
Water stops are available approximately every 2 miles on both the Marathon and Half Marathon course. Water, lemon-lime Gatorade, and portable toilets are available at each stop. In addition, gels will be available on the Marathon course at miles 7 and 17.

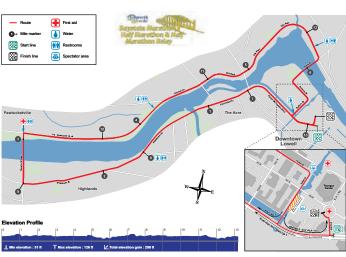
Will there be race photos?

Race photography will be provided by Capstone Photography and will be FREE to all participants this year.



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Good luck to all athletes.
We hope you love your
Ashworth Awards at the finish line!

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