



GLRR Boston Marathon Waiver Questionnaire



This is for the Boston Marathon; April 17, 2017.

Who is eligible: Current GLRR members in good standing, that reside in the Greater Lowell area. We do request that if you have received a club waiver for the last two years in a row that you do not submit an application at this time.

Note that you must be able to complete the marathon under the time limit of six hours. The entry fee with this waiver is \$355.00 (payable to the BAA; there is no club fee required). Once chosen, the fee and entry must be sent in by January 13, 2017. You may not give your entry to anyone else. (If you have not sent it in by the deadline and cannot use it you must return it to the club. If it has been sent in and you cannot run, the entry must be forfeited; we cannot allow anyone to run with someone else's bib number)

The questionnaire is designed to help you think through your request and perhaps give you some ideas for next year (if you don't get a waiver).

- 1) How long have you been a member of GLRR?
- 2) How many races have you run this year (2016) wearing our club singlet? How many wearing the "green" singlet?
- 3) What activities have you helped the club with over the past year? (please be specific)
- 4) Have you tried to qualify based on time? Yes
 - a. If yes, how close have you been to qualifying?
 - b. If you tried to qualify, but were prevented by injury –let us know what happened.
- 5) What other marathons have you run in the past 5 years and what were your times?
- 6) Have you ever run the Boston Marathon?
 - a. Have you ever run on a club waiver (for GLRR or any other club)?
 - i. If so – how many waivers have you gotten?
 - b. How many consecutive Bostons?
- 7) What have you done to prepare yourself to run the Boston Marathon (or other longer distance races)?
 - a. How many miles a week do you run?
 - b. What are the most miles in a week you have run?
 - c. What is the longest distance you've run?
- 8) Please provide any other information you think we should consider.

Send your response in a word document, with your name at the top and your answers to the above questions to president@glrr.net. Your responses will be given anonymously to our panel for rating. **The deadline for submission is Friday, December 16th at 8:00pm. Everyone will be notified by Friday December 23rd, at 8:00pm, and waivers will be given out at the Christmas Eve Group Run on Saturday December 24th.** We have waivers for the top ten people as rated by the panel, and everyone else will be entered into the last chance drawing for the last waiver.