

**10th Annual Greater Lowell Road Runners Youth Track Meet
in Cooperation with the Lowell High School Track Team
Cawley Stadium, Lowell MA
Thursday, APRIL 20th, 2017 Noon to 4PM**

1. Competitors are limited to two running events, one field event and one relay.
 - **ENTRY FEE – FREE**
 - **MAIL TO – GLRR, c/o Youth Track Program, PO Box 1314, Lowell, MA 01852 (no later than April 15th)**
 - **OR BRING** – to the meet
 - **Questions – race team mgr@glrr.net (critical 978-758-7732 – cell)**
2. **Eligibility to Participate** – Minimum grade 1, Maximum grade 8.
Parents/Participants will be asked to complete entry cards for the events chosen at registration
3. **ATTEMPTS IN TRIAL AND FINALS** –
In all Fields Event contestants will be allowed three (3) attempts – This may be reduced to (2) attempts if the number of participants is large. Field Events will be first, running events will start approximately 1 hour after the start of field events
5. **Running HEATS** – Heats will be based upon grade and gender to the best of our abilities. For example, a heat would be female 6th grade
6. **THROWING EQUIPMENT** – Shot puts, will be provided
7. **Awards:** Ribbon awards for the top 3 in each gender/grade (except the relay – which is run as a “fun” event)

Name: _____ School or Team _____

Gender: F / M

EMAIL _____

Please print clearly

Grade _____

I hereby give the person mentioned above permission to participate in the 2015 GLRR Youth Track Meet. The Lowell Parks and Recreation Department, Greater Lowell Road Runners or Lowell School Department **IS NOT RESPONSIBLE** for any injury or accident that may occur either during the course of this program or due to falsification of any information on this form. I hereby give permission for emergency medical treatment to be administered to the person mentioned above by qualified medical personnel.

Permission Form for Video:

I give Greater Lowell Road Runners & Lowell Parks and Recreation Department permission to video tape any program that child, guardian or adult takes part in, also to take pictures of my child to be used for promotional or bonus materials. I hereby agree to recording of the voice, appearance, activities and any participation of any program that child, guardian or adult is involved in. **I am also aware that the videos may appear on television, and the pictures may end up on the GLRR & Parks and Recreation Department Website.**

Parent Name: _____

Parent Signature: _____

Parent EMAIL _____

Please print clearly

Parent Phone _____ Parent Cell _____

ORDER OF EVENTS

APRIL 20th, 2017

Registration Noon to 12:30 --- At the meet you will need to fill out an event card for each event the child participates in.

Starting @ 12:30

Field Events	
• Shot Put	
• Long Jump	

Limit one field event per participant

Starting @ approx 1:30 – as field events wrap up

Running Events (order subject to change)	
• 1600	
• 400	
• Sprint	
• 800	
• 200	

Limit two track events per participant